

15 Smart Routes to Bicycle Safety



Protect Your Head - Choose a helmet that fits well, and wear it correctly.



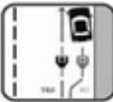
Obey Traffic Regulation - Bicycles must be driven like other vehicles.



Use Hand Signals - Signal all turns and stops ahead of time.



Use Lights at Night - Always use a strong light-colored headlight and a red reflector at night.



Ride in a Straight Path - Ride in a straight line at least three feet away from parked cars.



Be Careful at Intersections - The majority of accidents happen at intersections.



Never Ride Against Traffic - Ride with traffic to avoid accidents.



Use Caution if Bicycling on Sidewalks - Motorists and pedestrians do *not* anticipate bicyclists travelling on the sidewalk.



Use Appropriate Lanes - Avoid being in a right turn only lane if you want to go straight through an intersection.



Turning Left - As a vehicle, signal your intentions in advance. As a pedestrian, ride to the far crosswalk, dismount and walk across.



One Person Per Bicycle - Riding double is only permitted when carrying a child, age one or older, in an approved carrier.



Make Eye Contact - Confirm that you are seen.



Beware of Car Doors - Be wary of parked cars. Ride a car's door width away.



Scan the Road Behind - Look over your shoulder regularly or use a mirror to monitor traffic.



Lock Your Bike - Buy the best lock system you can afford.